St Anne's Church, Amager

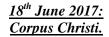
Redemptorist Community, Hans Bogbinders Allé 4 2300 Copenhagen S, Denmark. PARISH STAFF Rev. Wiesław Podlach. C.Ss.R., Pastor Rev. Andrzej (Andrew) Szorc, C.Ss.R., Associate Pastor (English) Tel.32860727, mobile 91199793, Email: szorc6@gmail.com Rev. Sławomir Romanowski C.Ss. R, Associate Pastor Website: www.saintanneschurch.dk OFFICE OURS: Wednesday, Thursday 10-12AM CONFESSION (English-Polish): Saturday, Sunday: 4:15-4:45 PM MASS (English): Saturday, Sunday 5:00PM NOVENA TO OUR MOTHER OF PERPETUAL HELP (English): Saturday 4:30PM

Today's readings: Deuter. 8:2-3, 14-16 1 Cor. 10:16-17 G. John 6:51-58

As Catholics, the Blessed Sacrament is at the heart of worship our and our spirituality; we go to Mass to share in the holy sacrifice of Jesus' body and blood, and we receive spiritual nourishment from partaking of this Heavenly food.

From today's Gospel passage it is clear that Jesus intended the Eucharist to be a tremendous gift for us, for "whoever eats this bread will *live forever."* This of course is because the bread is Christ's "flesh for the life of the world."

In other words, just as He gave His body on the Cross to save us from our sins, so too this same flesh is given for us at every Mass to strengthen our weakness and unite us more deeply to our Saviour.





We must beware of reducing this Sacrament to an empty ritual or a foolproof guarantee of Heaven. No, it is quite possible to receive Communion unworthily and reject its spiritual efficacy.

We can prevent Holy Communion from having its full benefits when we crowd our souls with vices and sins.

If, on the other hand, we wish to let this Sacrament of divine grace flourish, we should receive it with a sincere spirit of gratitude and reverence, praying that we may be made worthy to receive such a gift.



The Sacrament of the Eucharist!

What is Holy Eucharist? 1.

Holy Eucharist is the Sacrament in which Jesus Christ gives His Body and Blood (Himself) for us, so that we too might give ourselves to Him in love and be united with Him in Holy Communion. In this way we are joined with the one Body of Christ. the Church.

The celebration of the Eucharist is "the source and summit of the Christian life." When we eat the broken Bread, we unite ourselves with the love of Jesus, who gave His body for us on the wood of the Cross; when we drink from the chalice, we unite ourselves with Him who even poured out His blood out of love for us.

2. When did Christ institute the Eucharist?

Christ instituted the Holy Eucharist on the evening before His death, when He gathered the Apostles around Him in the Upper Room in Jerusalem and celebrated the Last Supper with them.

3. How important is the Eucharist for the Church?

The celebration of the Eucharist is the heart of the Christian communion. In it the Church becomes Church.

We are not Church because we get along well, or because we happen to end up in the same parish or community, but rather because in the Eucharist we receive the Body of Christ and are increasingly being transformed into the Body of Christ.



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Collection from last Sunday ③

English group: 3629,50 DKK Danish group: 2870,50 DKk Polish group: 5746 DKK Thank You!



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